

ACADEMY OF THE

AMBS REINDEER RUN

10th Annual 5K Run & 1 Mile Fun Run

Saturday, December 3, 2011



Location:

Academy of the Most Blessed Sacrament
785 Franklin Lake Road, Franklin Lakes, NJ 07417

Registration: By mail or online at
www.amsreindeerrun.com or www.ACTIVE.com,
www.AMBS.org or www.RaceForum.com/Reindeer

Schedule:

Registration: December 2nd 5:30 pm - 7:00 pm
December 3rd 8:00 am

5K Run: 9:30 am

USATF certified

USATF NJ 500 Point Grand Prix Event

1 Mile Run Run: 10:30 am

Awards Presentation: 10:45 am

Top 1, 2, 3 overall, male and female and in 5 year age groups. 10 & under to 85 & over.

Amenities: DJ & refreshments in a family friendly environment. Custom T-shirts for 5K and Fun Run
Indoor registration and festivities.

Academy of the Most Blessed Sacrament
785 Franklin Lake Road, Franklin Lakes, NJ

For Additional Information:

www.amsreindeerrun.com

www.OYMP.net

or

Call 973-508-3601

Please make checks payable to:

AMBS-HAP Reindeer Run

P.O. Box 434, Franklin Lakes, NJ 07417

| <u>Event</u> | <u>Entry Fee</u> |
|--------------|--|
| 5K | \$25 by 11/28 \$23 USATF by 11/28 \$30 after 11/28 |
| Fun Run | \$10 |

Directions: *Route 287 (N or S)* - Exit 59 (Franklin Lakes/Route 208) - Exit High Mountain Road/Colonial Road) - Left at bottom of exit ramp - AMBS is 1 mile on your left/ *Garden State Parkway (N or S)* to Route 4 to Route 208 - Exit Ewing Avenue - Left onto Ewing - First Light Right onto Franklin Lake Road - AMBS 1/2 mile on right

Are you a returning runner? Yes No

2011 Reindeer Run

(Last Name)

(First Name)

(Address)

(City)

(State)

(Zip Code)

(Phone #)

(Date of Birth)

(Age on Race Day)

(2011 USATF #)

Email: _____

Sex: _____ **Event Entered:** 5K _____ Fun Run _____

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators, waive and release any claims I may have against Most Blessed Sacrament Church and Academy, Borough of Franklin Lakes and On Your Mark Productions for injury or damage which may occur due to my participation in this race.

Signature (parent or guardian if under 18): _____ **Date:** _____

Direct Link to Online Registration: www.RaceForum.com/Reindeer

